



1700 Diagonal Road, Suite 650
Alexandria, VA 22314
Ph: 703-647-4609
www.bottledwater.org

June 23, 2014

Matt Spillane
Editor
Lewisboro Ledger
16 Bailey Avenue
Ridgefield, CT 06877

(Published June 27, 2014: <http://www.lewisboroledger.com/13253/letter-school-column-is-inaccurate/>)

Dear Mr. Spillane,

I read with interest Briana Tang's article "[School of Thought: Bottled water poses health risks](#)" published on LewisboroLedger.com on June 13, 2014, and wanted to correct some inaccurate information in this article.

Specifically, when speaking of bottled water, Ms. Tang made the claim, "a main constituent of water bottles is bisphenol A (BPA)." This statement is factually incorrect. PET plastic never contains BPA or phthalates, which she also claims in the article.

PET plastic bottles, commonly small, portable 16.9 (half-liter) and 24 ounce sizes, are safe and reliable for food contact use. PET is used in a variety of packaging for many foods, including everything from peanut butter, soft drinks, and juices to beer, wine, and spirits. PET plastic is approved as safe for food and beverage contact by the FDA and similar regulatory agencies throughout the world, and has been for over 30 years.

Even though PET plastic does not contain BPA, regulatory agencies in several countries and the FDA have ruled favorably on the safety of BPA. The consensus among these international regulatory agencies is that the current level of exposure to BPA through food packaging does not pose a health risk.

False claims about the danger of bottled water left in a hot cars have been debunked numerous times. Even the American Cancer Society weighed in to clarify that these stories are not true. The fact is, when it comes to grabbing a drink, bottled water is a safe, reliable, refreshing, and healthy choice.

Sincerely,

Chris Hogan

Vice President of Communications
International Bottled Water Association
703-647-4609
chogan@bottledwater.org